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Dr. Dexter Shurney, MD, MBA, MPH is the Chief Medical Director for the Employee Health Plan for Vanderbilt University and Medical Center and also holds a faculty appointment as Assistant Professor Vanderbilt School of Medicine, Division of Internal Medicine and Public Health. He has an extensive background in health care management and policy. He has distinguished himself as a leader in his profession in numerous ways. In 2007, he was named to Chair Tennessee Gov. Phil Bredesen's Diabetes Prevention and Health Improvement Board. He also serves as the Executive Director for the National Association of Managed Care Physicians Center on Preventive Health.

Previous positions that Dr. Shurney has held include Senior Vice President and Chief Medical Officer for the disease management and wellness company, Healthways. Health Policy Strategist in the department of Global Government Affairs for the biotechnology company Amgen Inc., Chief Medical Officer and Vice President of medical affairs for Blue Cross Blue Shield of Michigan, and editor of the Journal of Managed Care Physicians.

Dr. Shurney serves on numerous boards including: The American College of Lifestyle Medicine, the CCA (formerly the DMAA), and American College of Medical Quality and represents ACMQ as the organization's Delegate to the American Medical Association.

Dr. Shurney is board-certified in general preventive medicine and public health.